

# SENIOR NUTRITION LUNCH PROGRAM

11:30am-12:30pm

Monday, February 4

Beef Tips

Tuesday, February 5

Garlic Chicken

Wednesday, February 6

Sweet & Sour Chicken

Thursday, February 7

Beef Stew

Friday, February 8

Pollock

*The Goebel Café*

**Goebel Adult Community Center**

1385 E. Janss Road  
Thousand Oaks, CA 91362

**Goebel Cafe (805) 381-2746**

[www.crpdpd.org/gacc](http://www.crpdpd.org/gacc)

**Ventura County Area Agency on Aging**

(805) 477-7311

All meals served with 8 oz. milk, yogurt, and fruit. Sandwiches/ burgers include 1 slice of whole wheat bread and conform to VCAA requirements.

*Menu subject to change without notice.*

**Suggested donation for daily meal is \$3 for those 60+ years old.**

NO eligible individual (60+) shall be denied participation because of failure or inability to donate.

**THE SENIOR NUTRITION PROGRAM WILL BE CLOSED THE WEEK OF MARCH 4TH-MARCH 8TH.**

**PLEASE LET CHEF RACHEL KNOW BY FEBRUARY 19TH IF YOU NEED FROZEN OR SHELF STABLE MEALS DURING THIS TIME. PLEASE VISIT US IN THE CSVP OFFICE IF YOU HAVE ANY FURTHER QUESTIONS. THANK YOU.**